

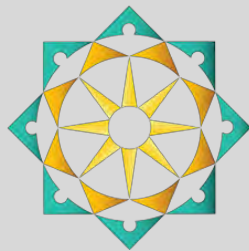
# Newsletter

January '22



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Chettinad  
**Vidya Mandir**  
VASUDHAIVAKUTUMBAKAM

To educate individuals to become compassionate and responsible global citizens who contribute towards sustainable development.

# Farm Education



Mr. Arunachalam, an organic farmer and a consultant who guides in nature-based education, interacted with the faculties of CVM. He shared the benefits of organic farming. The main objective of the meeting was to share the skeleton of the new venture of setting up an 'Organic Farm' in the school premises and its curriculum.

# Vaccine Camp



In response to the COVID-19 pandemic, the first dose of vaccination was successfully administered to the students of grades X, XI, and XII in CVM. It was organized by Primary Health Care, Puliur.

# National Youth Day



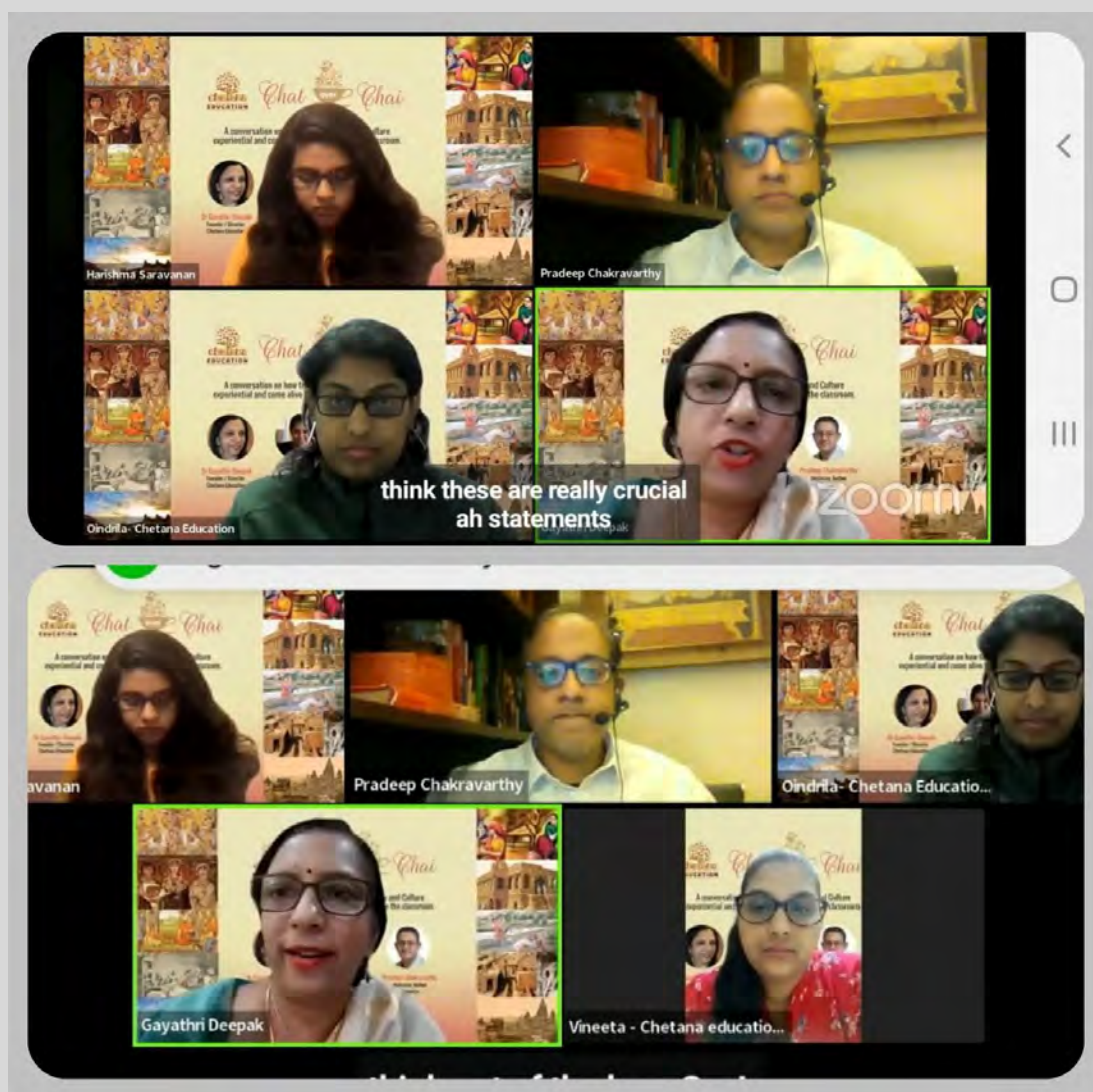
'National Youth Day' was observed in the memory of Swami Vivekananda, the maker of modern India. Grade XI students were involved in various activities like Radio show, Demonstration of Yoga and made creative displays.

# Mentoring Session



The mentoring sessions help students to pursue their aspirations and wishes. Sessions of January focused on new year plans, new resolutions, and the ways to overcome challenges.

# Chat Chai Session



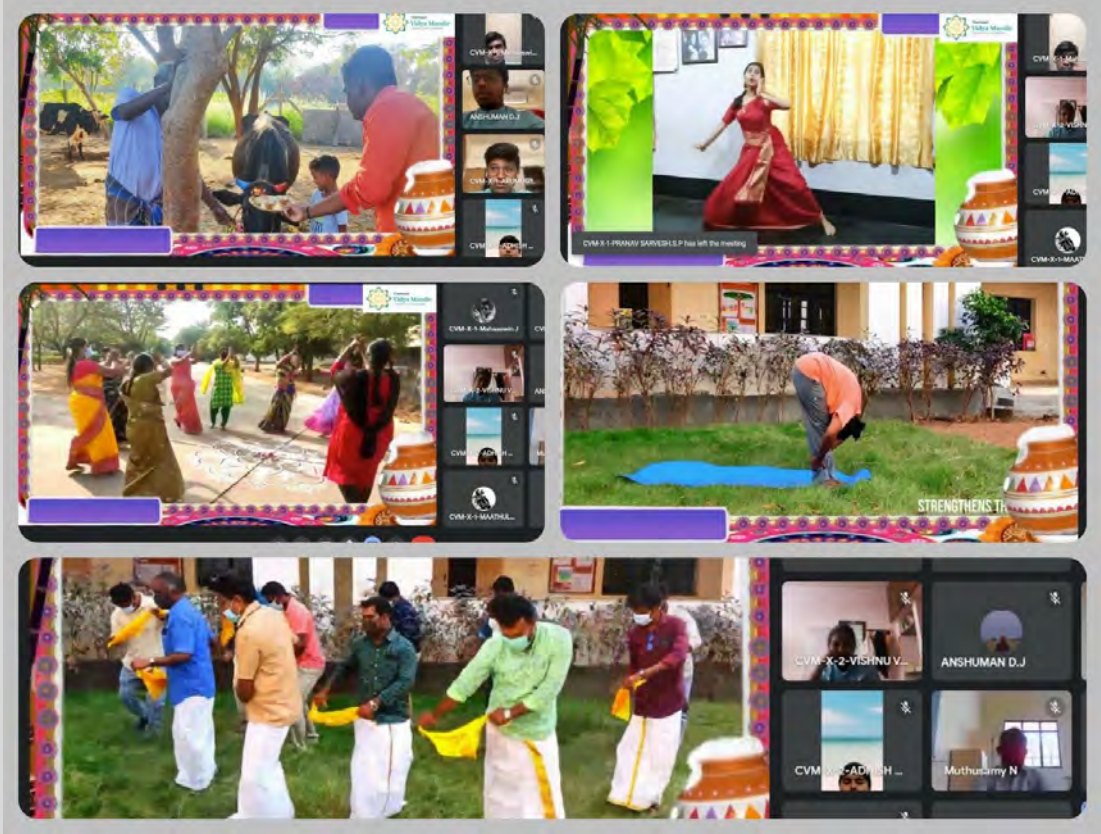
Chetana Education Society organized a session for the faculties of CVM. It was a conversation on how to make history and culture experiential and come alive for students in the classroom. The session advocated that cultural significance ought to be imparted to students along with academics. Dr. Gayathri Deepak the founder of Chetana and Dr. Pradeep Chakravarthy, a historian helped the participants to understand the significance of cultural upbringing.

# Republic Day Celebration



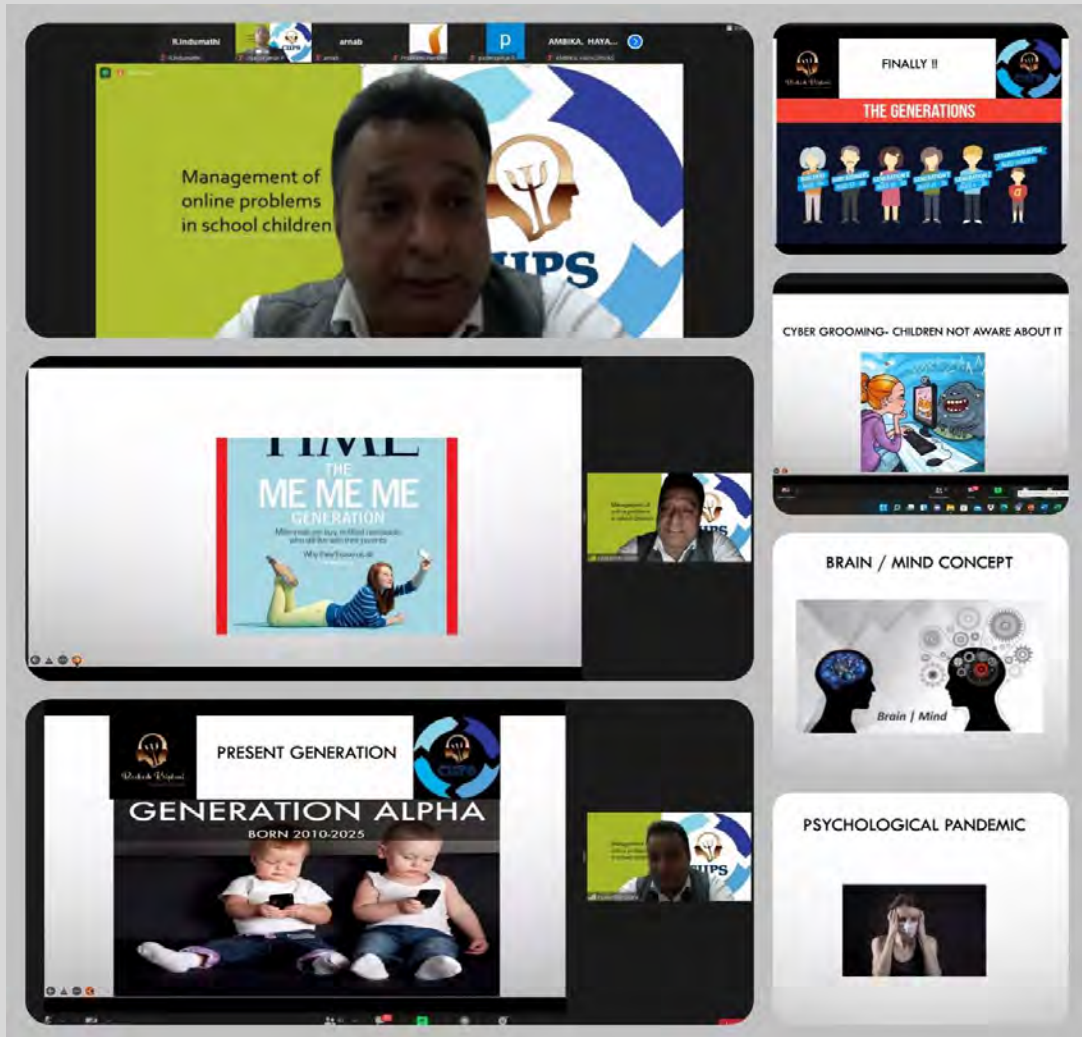
Republic day was celebrated on the 26<sup>th</sup> of January 2022. The celebration was organized by grade III and the Physical Education department. The principal of the school hoisted the flag and addressed the importance of understanding the constitution of India and following them with heart and soul. The flag hoisting ceremony was virtually presented to students.

# Tamizhar Thirunaal



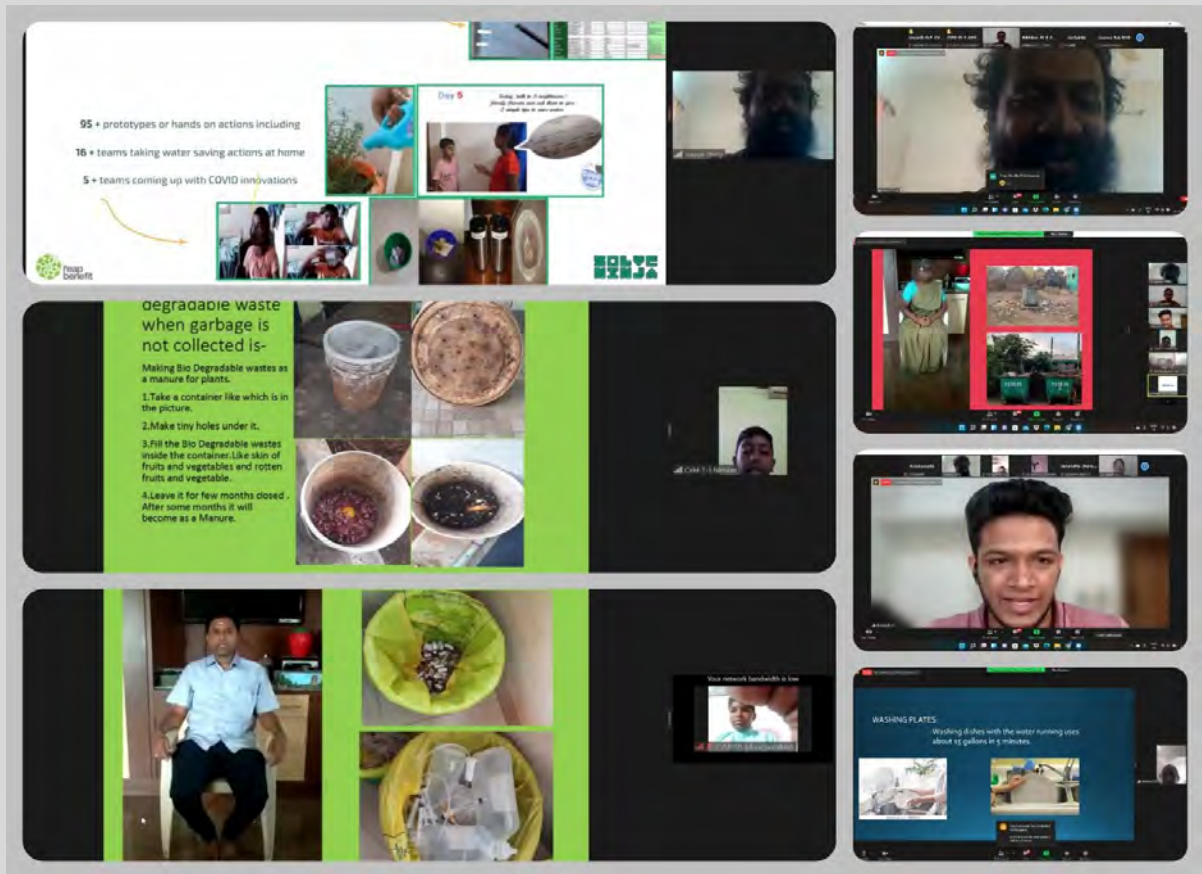
'பழையன கழிதலும் புதியன புகுதலும் வழுவல கால வகையினானே' - says Pavanandhi Munivar. It translates that "The old is gone and the new is coming. This is the essential part of Tamizhar Thirunaal. Tamizhar Thirunaal was celebrated in CVM on the 27<sup>th</sup> of February, 2022. The prime focus of the celebration was to celebrate the culture, spirituality, and science behind all these celebrations. We expressed our gratitude to the Sun God. Surya Namaskar was performed by Ms. Subbulakshmi Acharya. Acharyas performed the traditional dances of Tamil Nadu. Aditya Hrudayam slogan was chanted by the Principal, Ms. Chandra, Ms. Sandya Rani, and Mr. Vishwanathan. Students understood the meaning and purpose of the celebration.

# Pandemic Related Cyber Problems



A session on “**Management** of online addictions and other pandemic related cyber problems in school **children**” was organized for the acharyas by the Central India Institute of Psychological Science (CIIPS) - Chennai on the 22<sup>nd</sup> of January 2022. Dr. Raakesh Kriplani gave a clear analysis of the behavior of children in various generations like Traditionalists, Baby Boomers, Gen X, Y, Z, and alpha. He explained the various challenges that children face during this pandemic.

# The Culmination



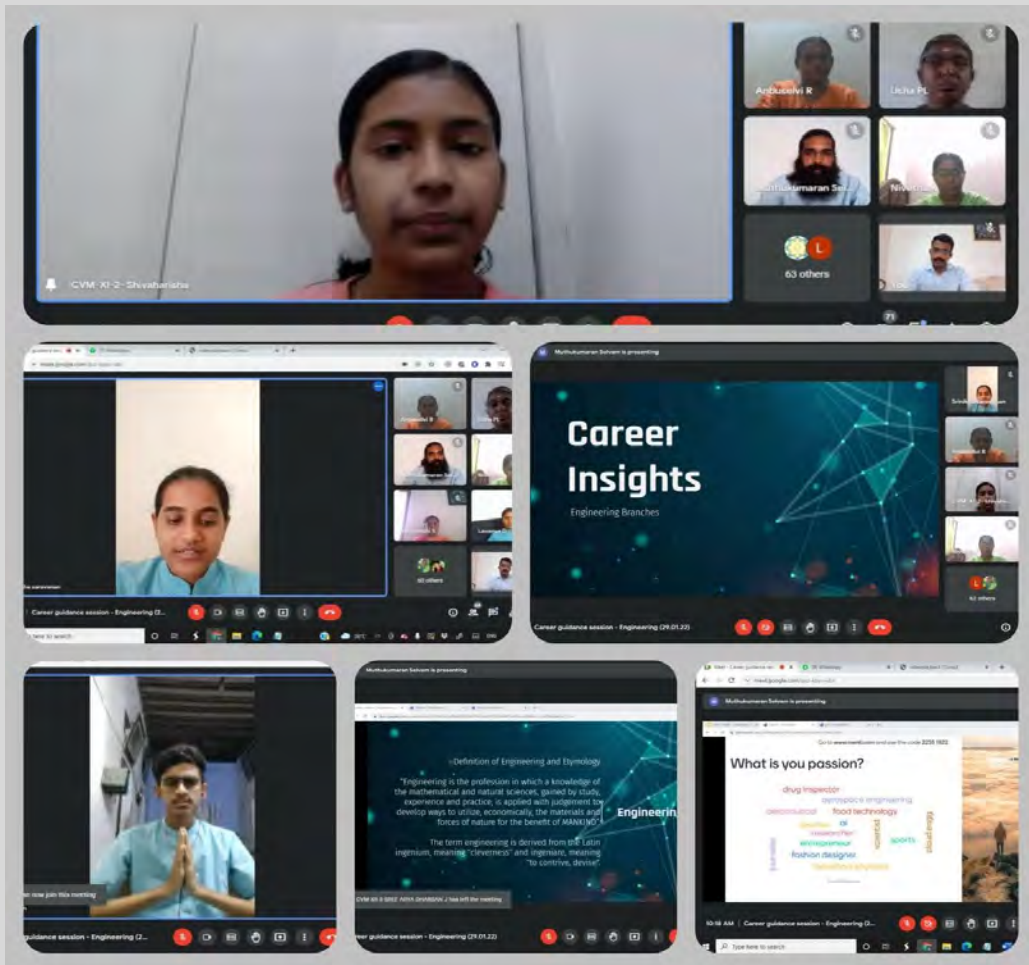
The culmination of the Global Citizenship Programme for grades VI, VII, VIII, IX and XI showcased the student's work and achievements. All the students recollected how this venture had been a great source of joy and rich in experience. At the end of the day, students shared that they have become aware globally, culturally sensitive and well-equipped global citizens to new environments. Cultural intelligence, sense of community, and leadership skills were the greatest attainment of this journey. This conscious journey enabled the students to appreciate multiple perspectives and diversity, tolerance to ambiguity and conflict, and developed a sense of concern towards the community.

# Career Guidance Program



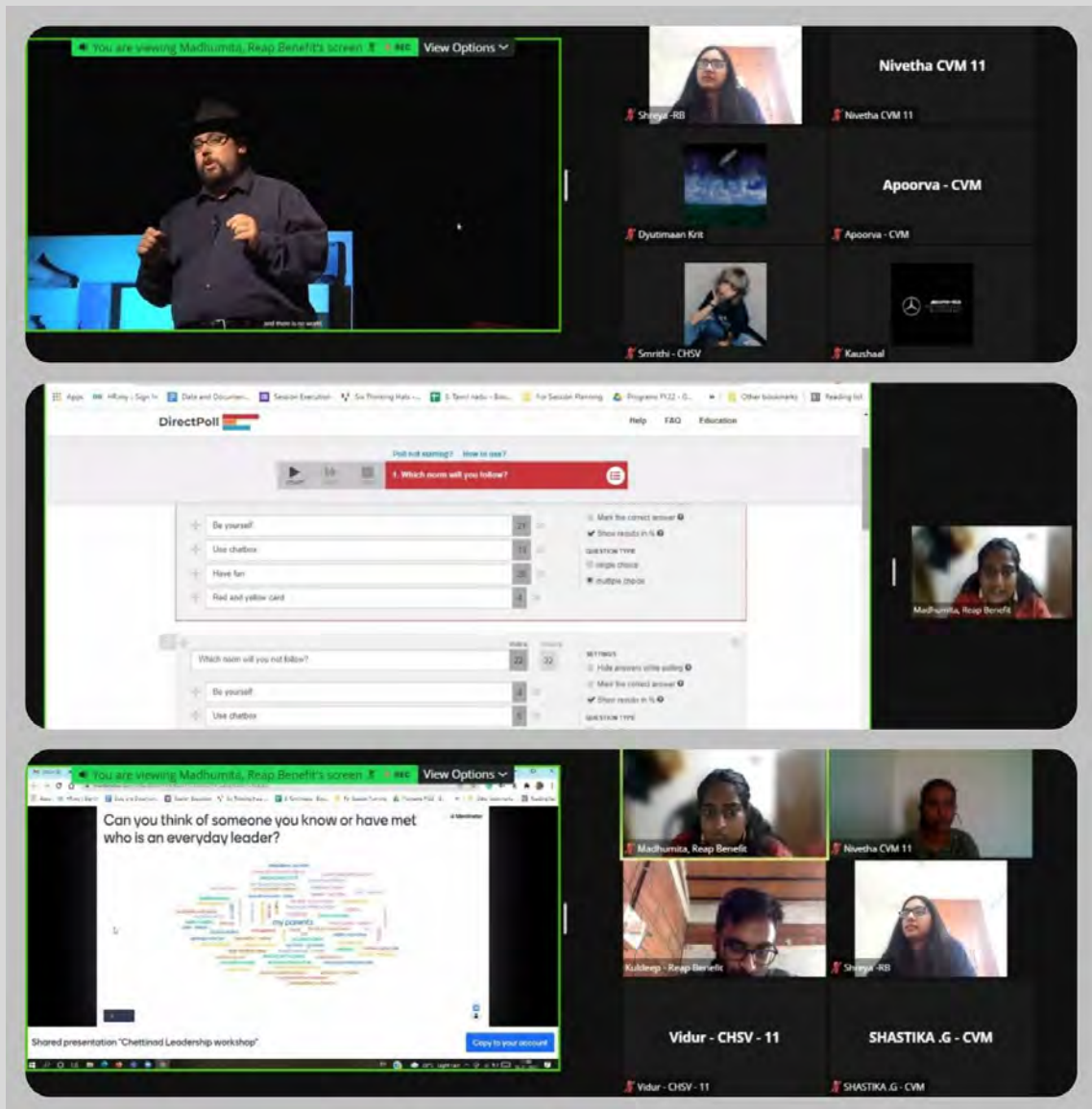
Career Guidance and Planning Program on "Courses and careers in Liberal education" was organized on the 20<sup>th</sup> Jan 2022 in CVM. Mr. Nirmal Joseph, Outreach Manager, Krea University, AP briefed the courses offered in Krea University along with the career opportunities available.

# Career Guidance Program

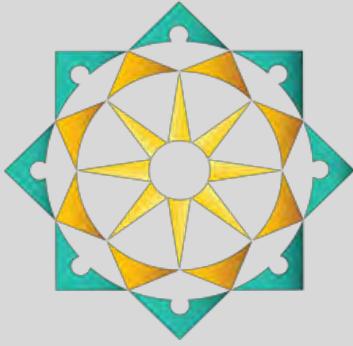


Career Guidance and Planning Program on "Career Insights-Engineering Branches" was organized for grades XI and XII on the 29<sup>th</sup> of Jan 2022 in CVM. Mr. Muthukumaran Selvam from Chettinad Niyogaa briefed the branches of engineering. He equipped the students with the engineering courses and their scopes. Then, he shared about the ways of looking for reputed universities or colleges with good infrastructure and faculty. The question-answer session was remarkable. Answers were given very patiently and elaborately.

# Leadership Workshop



**"REAP Benefit"** an NGO organized a leadership program for the students of grade X. The session addressed gaining knowledge about the importance of recognizing, acknowledging the people who have changed the lives of many people. Students learnt three formulas to leadership:- 1. Leading by doing, 2. Having a support system and 3. Taking risks.



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