

# Newsletter

October '22



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Chettinad  
**Vidya Mandir**  
VASUDHAIVAKUTUMBAKAM

To educate individuals to become compassionate and responsible global citizens who contribute towards sustainable development.

# Career Exploration – Health Coach



Mrs. Meera Senthil Kumar, one of our parents, organized a session for grade 5 children on "Health Coach" to raise awareness about healthy eating through fireless cooking. She prepared vegetable garam and explained its health benefits.

# Field trip - Railway station



Children of JKG visited Karur railway station. The objective of the visit was to explore and experience the railway station. They had an opportunity to see how people and things were transported. They explored different places in the railway station like the ticket counter, passenger ticket center, waiting room, rest room, water points, and canteen. They felt excited on seeing the new places. They felt that the train has gaps compared to the bus and its compartments are connected. They were happy to share their experience of traveling in a train.

## House Visit



Children of Kindergarten host a house visit periodically. The objective is to develop their social skills. They share their play materials, snacks with peers, and speak with family members. They listen to the stories of their grandparents at home and gardening was also done. Children felt the joy of sharing and being together.



# Nature Walk



Students of Grade 2 experienced 'Nature **Walk**' connecting to the lesson in Science - sense organs. They observed all the insects, birds, and animals on the school premises. The movements and features of insects created curiosity in them. Students shared that each **bird's** sound was different and pleasant to hear, they compared the texture of the trees and felt empathetic of animals staying in the hot sun. Their self-made scrapbooks voiced out their deep experiences.

# Science Exhibition



Students of Grades IX-XI and a few acharyas attended the webinar on 'Guidelines of the CBSE Science Exhibition'. The webinar equipped the participants with basic knowledge of working models, research papers, investigatory projects and simple hands-on activities.

# Quality Circle Time



Grade X, XI and XII participated in Quality Circle Time (QCT) in different themes. They all reflected on the topic 'Spreading Positivity' by caring and sharing. The discussion helped them to understand the changes that they can bring, if positivity is spread across all walks of their lives.



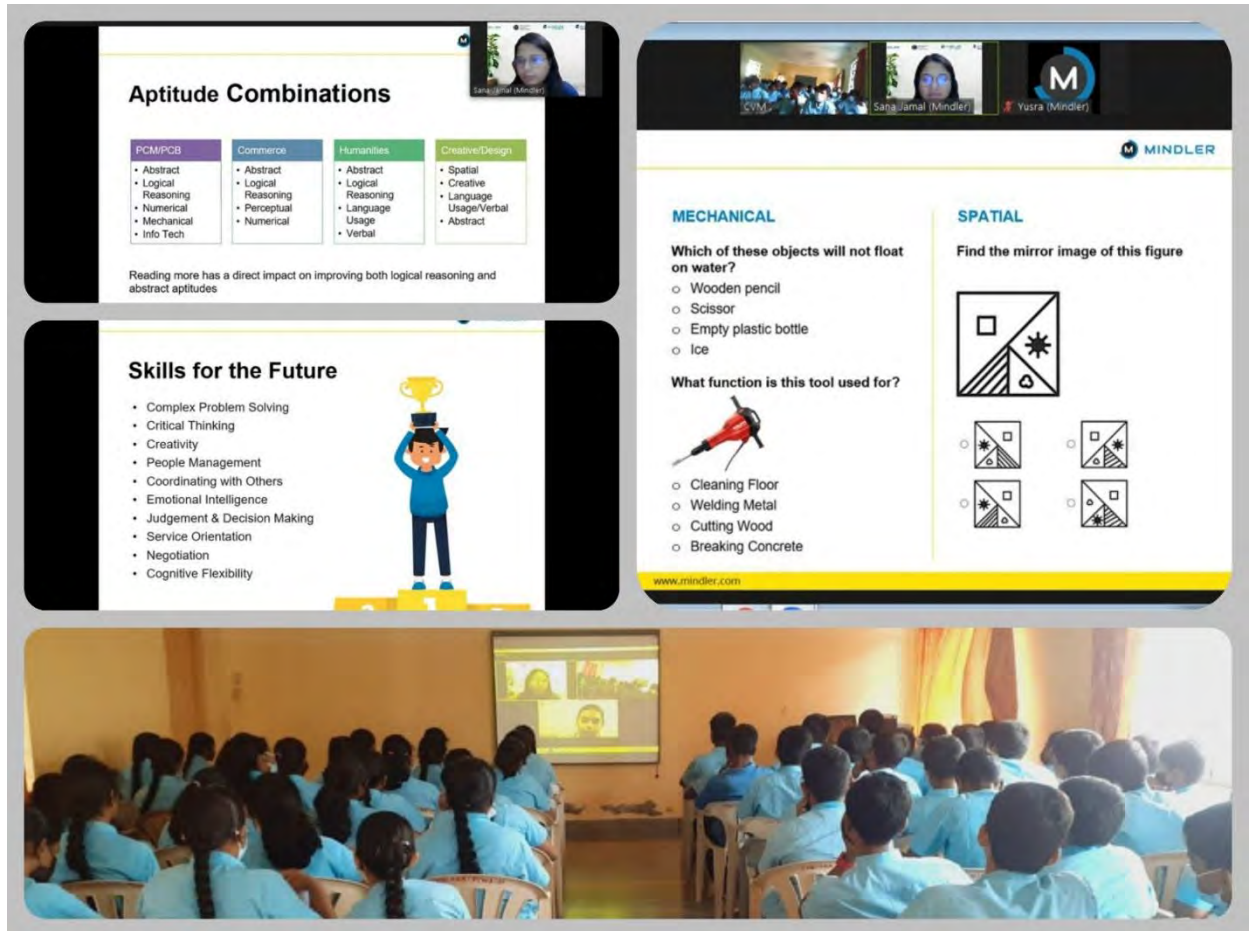
# Developing Study Skills

The image displays four slides from a presentation on developing study skills, each featuring a small video inset of a woman in the top-left corner.

- Tools that help us study: Chunking**
  - After chunking: 6 groups, or even 3 categories
  - Alphabet Chunking: CAT ABC IBM XYZ HEN KFC
  - Chunking further: grouping by theme: CAT HEN IBM KFC XYZ ABC
  - Number Chunking: 2 3 4 5 9 8 4 5 6 1 2 3
- Mind Map**
  - STORY STORY BRAINSTORM
  - START: Know the Problem
  - Create the Character Who Has the Problem
  - Analyze Why the Problem Applies to the Character
  - What is the Obstacle That Holds Them Back From Solving the Problem?
  - END: Know What Happens Next
  - Create a Critical Turning Point
  - List the Attempts Made to Solve the Problem (#1)
  - List the Attempts Made to Solve the Problem (#2)
  - List the Attempts Made to Solve the Problem (#3)
- Activity Sheet**
  - See how you use your time.
  - Use your worksheet with the following colors: Red, Yellow, Green
  - A circular time wheel with 24 segments labeled from 12 AM to 11 PM.
- What Stops You?**
  - Illustration of a person at a desk with a laptop, surrounded by terms like 'busy', 'Later excuses', 'I will... Lazy tomorrow', 'tired', and 'Next time'.
  - Large text: **PROCRASTINATION**

A career guidance session on 'Developing Study Skills - Organisation and Time Management' was organized by Mindler for Grade X on the 7<sup>th</sup> of Oct, 2022. The resource person, Sanam Jamal, started the session by asking about the challenges that everyone faces. Tips and strategies for better learning were presented through a time wheel activity. The need to stop procrastination and the need to design better mind maps and spiral success strategies were highlighted.

# 'The Next Steps Towards Profile & Aptitude Development'



A career guidance webinar on 'The next steps towards Profile & Aptitude Development' was organized for Grade IX students on the 29<sup>th</sup> of August, 2022. The resource persons were Shagun Sinha and Thulika from Mindler, who highlighted the common aptitudes like language usage, numerical and logical reasoning, and the domain-specific aptitudes like creativity, mechanics, and space. The session laid the foundation for the students to strengthen their profile with multiple aspects.

# Parent-Teacher Meeting



CVM organized a Parents Teachers Meeting (PTM) for all the grades on the 6<sup>th</sup> of October, 2022. It focused on the academic performance of students in their First terminal examination.

# Vidya Aarambh



The newly admitted children attended the pooja on Vijayadasami and got the divine blessings for a new beginning. After the pooja, they were made to write a few letters and a small sloka on a tray of paddy.

# Inter School Tennis Tournament



Students of Grade XI participated in the Kovai Sahodaya inter-school tennis tournament organized by Satchidananda Jothi Nikethan International School. Varunesh V.R of Grade XI was awarded as the runner and others bagged medals and certificates.

# Session on UTSAV Research Paper

Draw a Family Tree

Pandu	Shantanu	Citrangada	Bhishma(Devavrata)
Vedavyasa	Ambalika	Ganga	Ambika
Matsyagandha	Parashara	Vichitravirya	Dhrtarastra

1st Step in Deductive Process

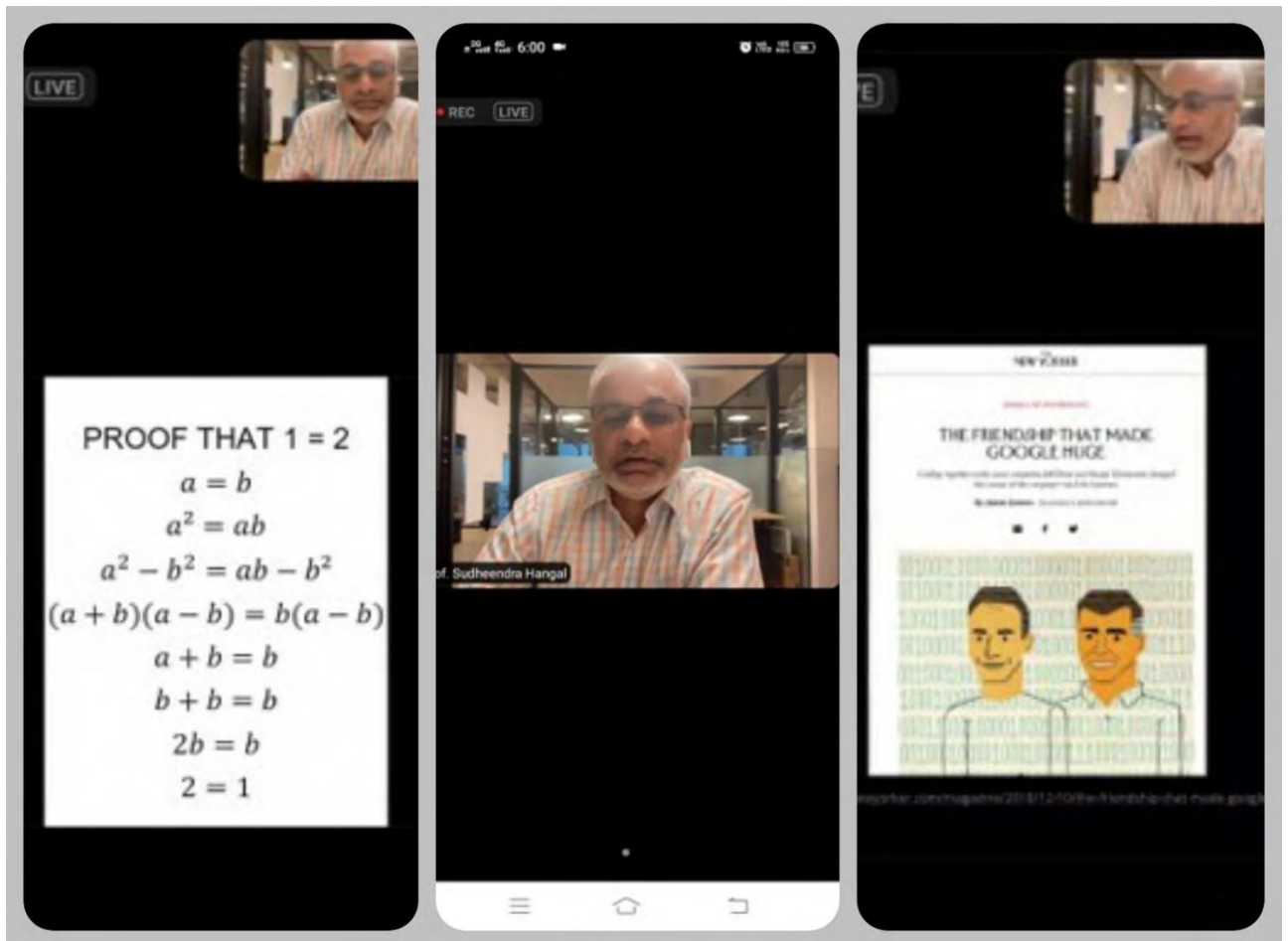
A: Fact (what it is) – Intro

B: Fact + Opinion (what it should be) – Background

= Problem Statement

An introductory session on the research paper was conducted by Dr. Ketu Ramachandrasekar on the 15<sup>th</sup> of Oct, 2022. The steps involved in a research was explained in detail. The types of research and the various scopes and domains to research meaningfully were discussed.

# What makes a great programmer?



The webinar titled 'What makes a great programmer?' by Ashoka University was attended by Ms. Nivetha.K and Mr.Bibin Jose of the I.C.T department. The resource person prof. Sudheendra Hangal shared many tips for better programming.

# Preparation for Diwali



Ms. Ramya Balakrishnan and Dr.Suresh conducted a session for Grade XI and Grade VIII. They gave an insight into how they celebrated Diwali in their childhood. The objective of the session was to educate students about the purpose of the oil baths, Diwali Legiyam, bursting crackers, etc.



# Diwali Celebration



Students of Grades KG to XII celebrated Deepavali at CVM. Diyas were lit and students felt Peace, Contentment, Joy, and Happiness. Ladoo preparation, Skit and Dance were also done by the students.





# Sweet Preparation



Diwali was celebrated by lighting the Diyas. Sweets were shared among the classmates.

# Kovai Sahodaya Cricket Tournament



CVM Participated in the Kovai Sahodaya Cricket Competition held at PSG public school Peelamedu, from the 18<sup>th</sup> to the 22<sup>nd</sup> of October 2022. The girls' team won the runner-up position. Sri Priyadarshini of Grade XI was awarded as the best bowler of the tournament. Mahalakshmi of Grade X was awarded for best fielding, and Mirudhula of Grade XII was the best wicket keeper. The Under 19 category boys team emerged as Runners.

## Circle Time white



Mr. Muthukumaran Selvam, the Secretary-Chettinad Vidya Mandir-Karur conducted a circle time for all the acharyas from all the levels respectively on the 27<sup>th</sup> and 28<sup>th</sup> of Oct, 2022. The session aimed at improvising lesson plans, Activity based learning, and observation.

# All about Physics



Mr. Muthukumaran Selvam, the Secretary-Chettinad Vidya Mandir-Karur conducted a session for Grades XI and XII on the 27<sup>th</sup> and 28<sup>th</sup> of Oct 2022. It was an interactive session. He threw light on few topics in Physics.



**Chettinad**

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