

## CHETTINAD VIDYA MANDIR

# Pharpan-The Mirror





## Dharpan - The Mirror

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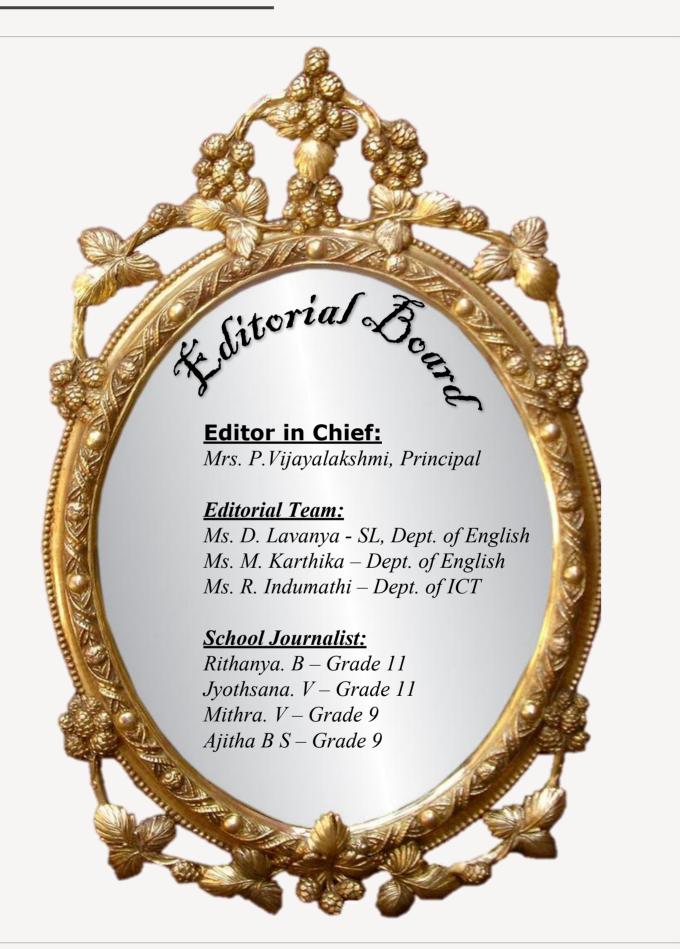
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#### **Editor in Chief Message**

# Together we grow

At Chettinad Vidya Mandir, everyday is a new opportunity to learn, grow, and shine-together. Whether in the classroom, on the field, or through small acts of kindness, we are proud to see our students, teachers, and parents working hand in hand to build a joyful, purposeful learning community. Let's keep moving forward with curiosity, courage, and care





#### **CVM - Vision**

Chettinad Vidya Mandir, our educational philosophy is rooted in nurturing the whole child - intellectually, emotionally, socially, and ethically. We believe that education is not just about academic excellence, but also about shaping individuals who are compassionate, responsible, and globally minded.

Our vision is to build compassionate and responsible global citizens who actively contribute to a peaceful and sustainable future. We aim to instill values that inspire students to care for others, the environment, and the world they live in.

Our mission is to empower students to become life-long learners, embrace diversity, and develop essential 21st-century skills. Through a stimulating, culturally rich, and joyful learning environment, we strive to cultivate curiosity, creativity, collaboration, and critical thinking. At Chettinad Vidya Mandir, every learner is encouraged to grow into a confident, capable, and caring individual prepared to thrive in an ever-evolving global landscape.





## A Special Pooja Ceremony Filled with Devotion and Blessings at CVM

On Wednesday, May 28, 2025, Chettinad Vidya Mandir conducted a Special Pooja Ceremony marked by devotion, spiritual fervor, and positive energy. The sacred homams - Ganapathi Homam, Dhanvanthri Homam, and Hayagriva Homam—were performed in a serene atmosphere, invoking divine blessings for the health, happiness, and academic success of our students, staff, and the entire school community. We extend our heartfelt gratitude to all the parents who participated, both in person and in spirit, adding to the sanctity and collective strength of the occasion. Events like these reinforce the importance of unity, faith, and cultural traditions in nurturing holistic development. May the blessings of the Almighty continue to guide and protect our children in every step of their journey.







#### **Parent Orientation**

CVM conducted Parent Orientation Sessions for Grades 1 to 9, and 11, marking the start of a meaningful partnership between parents and the school. The sessions helped parents understand the academic plans, co-curricular activities, and ways to support their child's learning.

The Vice Principal shared key information about the curriculum and students-focused strategies. Coordinators explained daily routines, assessments, and school guidelines. The Principal spoke about the value of strong communication and teamwork between parents and teachers. A special story shared during the session encouraged parents to reflect on different parenting styles.

These sessions helped build trust and set the tone for a successful and collaborative school year.











# Early Years Parent(EYP) Engagement Program – A Joyful Journey



CVM's five-day Parent Engagement Program focused on building strong school - home connections. Parents explored communication, emotional bonding, early learning, and parenting styles through interactive sessions, classroom visits, and creative activities like art, music, and fireless cooking.





The highlight was the heartfelt 'Through My Child's Eyes' activity, offering deep insight into children's emotions. The week ended with reflections and gratitude, marking a meaningful start to a shared learning journey.









# Capacity Building Program (CBP) - School Health and Wellness







Capacity Building Programs are conducted by CBSE in order to train the educators in Subject specific and Generic programs. The National Public School, Namakkal hosted a capacity building program under the title, "School Health and Wellness" on the 21st and the 22nd of May 2025. Mr. Girish, the Principal of PSG public school, Coimbatore and Dr.Karpagam.C.Arasappan, the Principal of Edison International school, Erode were the resource persons for this program. The discussed themes were growing up healthy, emotional well and mental being health, interpersonal relationship, values & responsible citizenship and gender equity. The resource persons elaborated these themes connecting to the present trend of children and the culture which are prevailing among them. This session insisted that the school, teachers and the parents should take the lead in guiding children on these topics which will help them to track their behaviour and actions.

## Physical Education Capacity Building Program

The Senior Secondary Physical Education Capacity Building Program is a key initiative aimed at enhancing the skills and pedagogical approaches of physical education teachers for Classes XI and XII. Aligned with the latest CBSE curriculum and NEP 2020, the program focuses on curriculum understanding, modern teaching methods, effective assessment, technology integration, and health and wellness education.

It also emphasizes skill development in sports training and encourages teachers to adopt innovative, inclusive practices that promote overall student well-being. The program supports professional growth while fostering a holistic approach to physical education.









## Storytelling as a Pedagogical Tool for Pre - Primary and Primary Educators

Our Pre-Primary and Primary educators recently participated in a session on Storytelling as a Pedagogical Tool. The workshop explored key storytelling elements - characters, setting, plot, conflict, and resolution - and how they can be used to teach curriculum content effectively.

Teachers learned how storytelling can ignite imagination, improve listening skills, and simplify complex concepts in subjects like Math and Science. The session also focused on techniques to engage students emotionally and encourage active participation, making learning more contextual and meaningful.







#### **Handwriting Training Program**

Acharyas from Grades 1 to 8 at Chettinad Vidya Mandir recently took part in the Rorito Writewiz handwriting training program - an insightful and skill-enhancing session designed to empower educators with effective techniques to improve handwriting instruction. The training equipped our Acharyas with practical strategies to support students in developing clear, legible, and aesthetically pleasing handwriting. With this knowledge, our educators are now well-prepared to bring these best practices into the classroom, offering focused guidance and structured practice. The initiative aims to nurture each learner's potential, helping them grow into confident writers and inspiring young calligraphers.











# Empowering Educators Through the XSEED 5-Step Learning Approach!

As part of our ongoing professional development, primary teachers attended an enriching induction session led by Mr. Niranjan from XSEED. The focus was on the XSEED 5-Step Learning Approach — a structured method designed to improve classroom effectiveness and deepen student understanding.

The session blended theory with hands-on activities, guiding teachers through each step: Aim, Action, Analysis, Application, and Assessment. Teachers actively participated, gaining practical strategies to implement in their classrooms. The session inspired reflection and provided actionable insights to create more student-centered learning experiences.

This initiative continues our commitment to empowering educators and enhancing learning journeys for every child.



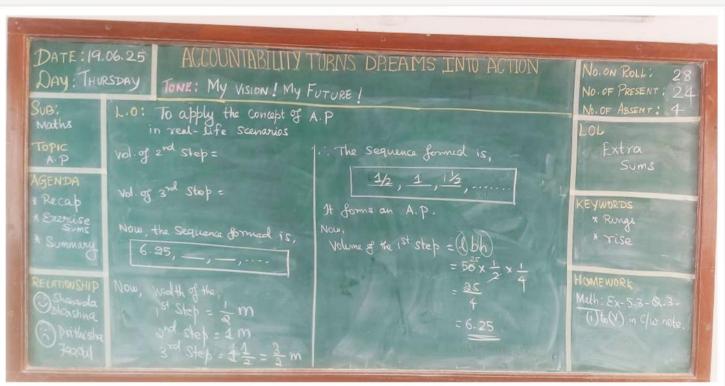


#### **Board Protocol**

Chettinad Vidya Mandir has adopted a structured Board Protocol to ensure clarity, consistency, and purpose in every classroom. Each board displays key components such as the date, subject, topic, learning objectives, agenda, relationship, languages of learning, keywords, and homework - guiding students through their daily learning journey.

A focused training session was conducted for teachers, and the protocol has now been effectively implemented schoolwide, promoting an organized, engaging, and student-centered environment.





#### **Staff Induction Program**





formally newly appointed | Acharyas, an induction programme was conducted by Principal. The session also served as a refresher for existing Acharyas, helping them revisit important school policies. During the programme, the Principal shared comprehensive information covering the school's Vision and Mission, leave policies, essential and other quidelines in detail.



#### **Admin Induction Program**

To mark the beginning of the academic year and to formally welcome the newly appointed Acharyas, an induction programme was conducted by our Administration plays a vital role in the school's smooth functioning. The Principal led an insightful induction for the administrative staff, outlining clear roles, responsibilities, and the leave policy. To promote teamwork and a positive work culture, wellness activities were also conducted, fostering strong interpersonal bonds. The session laid the groundwork for a well-organized and cohesive administrative team.









#### **A Joyful Beginning**

The first day of the new academic year at Chettinad Vidya Mandir was marked by excitement, enthusiasm, and a sense of renewed purpose as learners stepped into campus with bright smiles and eager hearts. Welcomed warmly by their Acharyas, the students embraced the start of a journey filled with learning, discovery, and personal growth. The day commenced with a vibrant school assembly, where the entire CVM community came together in unity. The Principal addressed the gathering with inspiring words, encouraging learners to approach the year ahead with confidence, curiosity, and a positive mindset. With a spirit of togetherness and anticipation, students began this new chapter, ready to learn, explore, and thrive in the nurturing environment of CVM.







#### Fresher's Day

CVM warmly welcomed the new students with a joyful Fresher's Day celebration. The event began with a prayer song by Selvi Janaki, followed by a cheerful welcome address by Hridaya Yuthika.

Fun-filled activities like the "Pic on the Forehead" game, dance by the girls, emoji challenge, and games by Hoofs kept the energy high. A special segment, "Life @ CVM", gave freshers an overview of the facilities, academics, and co-curricular activities offered. The event concluded with a heartfelt vote of thanks by Harshini, making it a memorable start for the newcomers.







#### **School Assembly**

Each day begins with a harmonious morning assembly held in the school amphitheatre, setting a positive and disciplined tone for the day. The assembly includes a soulful prayer, flag hoisting, the pledge, flag song, and concludes with the national anthem—instilling a deep sense of pride, unity, and patriotism in every student.

These regular gatherings are more than a routine; they promote discipline, coordination, and collective responsibility, helping students feel connected as part of one learning community. The assembly also serves as a platform for announcements, student presentations, and celebrating achievements.

This meaningful start to the day rejuvenates the mind, uplifts the spirit, and prepares students to engage wholeheartedly with their academic and co-curricular pursuits. The morning assembly is a daily celebration of values, unity and shared purpose.













#### **Welcome Card**

To warmly say 'Welcome Back,' Grade 1 learners crafted colourful bands and tied them to their fellow classmates, spreading smiles and cheer.









# Our Little Learners are Back!

The new academic year has begun with boundless excitement as our early learners returned to class, eager and full of energy! With wide smiles and curious minds, our young learners are already exploring, learning, and bonding beautifully with their teachers and classmates. Through funfilled activities and joyful interactions, they're setting the tone for a year of growth, friendship, and discovery. Here's to a wonderful journey ahead!















#### **Investiture Ceremony**

Chettinad Vidya Mandir held its Investiture Ceremony with pride, celebrating student leadership and responsibility. The event was graced by Dr. Punitha, Principal of CCET, a CVM management representative, and alumna Dr. Shonali Venkatesh.

The Principal welcomed and felicitated the guests, followed by the formal conferring of badges and sashes to the newly elected leaders. The Head Girl's maiden speech reflected enthusiasm and dedication.

Inspirational addresses by the guests encouraged students to lead with integrity. Board exam toppers were also honoured, making the event a proud and memorable occasion for all.



#### **Home Visits, Heartfelt Beginnings**

To build bond beyond the classroom, a team of teachers visited the homes of our Pre-KG children to create an initial bond with their class teacher and help them feel more comfortable. This warm gesture ensures that when they step into school, they are greeted by familiar, friendly faces - motivating them to come with happy hearts and bright smiles!





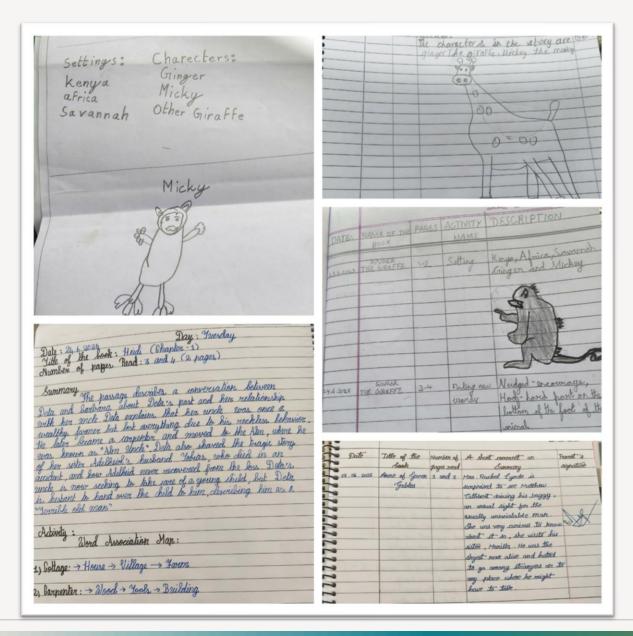






#### Reading Is Fun - tastic!

At CVM, reading has become an integral part of the learners daily routine. Learners from Grade 1 have actively begun reading and recording their reflections in a dedicated notebook. This not only showcases their growing interest in reading but also reflects a noticeable improvement in handwriting. The consistent practice of reading and writing is shaping our learners positively, laying a strong foundation for their overall language development.



#### **Perfecting the Pen**





Our learners embarked on a meaningful handwriting journey guided by Peter Aloysius and the Rorito team. The engaging workshop highlighted the importance of handwriting in academic success and personal expression. Students discovered proper techniques, explored the purpose behind handwriting, and took part in interactive activities that made the learning process enjoyable and impactful.

#### **Numbers**

Students enthusiastically engaged in a hands-on place value activity using a colorful board, which helped them identify the position and value of each digit across different number systems. The interactive approach made abstract concepts more concrete and enjoyable. The session also fostered teamwork, communication, and critical thinking, significantly enhancing their conceptual understanding.





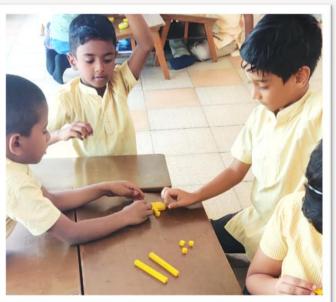




#### **Place Value Builders**

In this hands-on activity, learners explored how to represent two-digit numbers using place value blocks. They worked with blocks to build numbers like 36, 49, and 72, breaking each into tens and ones (e.g., 36 = 3 tens + 6 ones). Through this, learners gained a clear understanding of how two-digit numbers are structured. The activity encouraged active participation, visual learning, and a deeper connection with the concept of place value. It helped learners build numbers correctly and strengthened their number sense in a meaningful and enjoyable way.





#### **Role play**

As part of an enrichment activity based on the themes of devotion, donation, and kindness, Grade 7 students participated in a role-play session. Through various scenarios, they portrayed characters in need and those who offered help, allowing them to deeply connect with the poem's moral. The activity enhanced their understanding of empathy, compassion, and social responsibility. Students engaged enthusiastically, gaining valuable life lessons in a creative and interactive manner.



#### **Gratitude Letter**

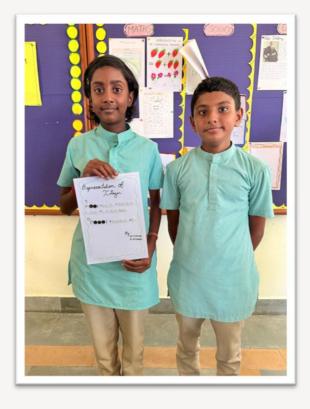
As an enrichment activity connected to the theme of thanking God for nature, students wrote heartfelt gratitude letters expressing thanks for elements like mountains, rivers, fruits, and flowers. This creative exercise helped them appreciate nature's gifts and understand the importance of gratitude. Students participated with enthusiasm and imagination, deepening their connection with the environment and recognizing the value of all that supports life.



#### **Working With Buttons**

Visualizing Integers with button activity was conducted for grade 7 in the Mathematics class to develop a clear understanding of positive and negative integers. Learners used white buttons to represent positive integers and buttons represent black to negative integers. By pairing one white and one black button, they learnt the ways of the positive and negative values cancel each other out. This concrete method helped them to understand how addition and subtraction of integers work in a visual and interactive way. The hands-on nature of the task made learning enjoyable and transformed a difficult topic into an engaging experience.







#### பூவின் நிலைகள்

சொல் வளம் மிக்க தமிழ் மொழியில் ஒரு பொருளின் பல நிலைகளுக்கும் வெவ்வேறு பெயர் தூட்டுவது தமிழ் மொழியின் சிறப்புகளில் ஒன்றாகும். மாணவர்கள், பூவின் ஏழு நிலைகளுக்கும், அதாவது தோன்றுவது முதல் உதிர்வது வரை தனித்தனி பெயர்கள் தமிழில் உண்டு என்பதை பள்ளி வளாகத்தில், பூவின் ஏழு நிலைகள் என்னும் தலைப்பில் அனுபவப் பயணத்தின் வாயிலாக கற்றுக்கொண்டனர்.







#### **Combination of Resistors - Simulation**

Grade 10 learners explored the fascinating world of electricity through PhET simulations during their Physics class connecting to the lesson, "Electricity". They experimented with series and parallel combinations in a virtual lab setting. This interactive platform allowed them to visualize how current flows and how resistance changes with different configurations. Through this activity, learners gained a deeper conceptual understanding of how resistors work together, and they developed the ability to calculate total resistance in various circuit setups. The hands-on virtual experience made learning both fun and effective, reinforcing theoretical knowledge with practical application.



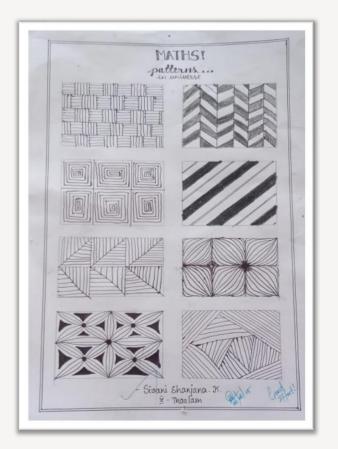
#### **Patterns in the Universe**

In a creative and thought-provoking activity titled Patterns in the Universe, the learners of Grade 10 explored how arithmetic progressions exist all around us from the spirals of galaxies to the arrangement of petals in flowers and from architectural designs to the patterns in daily routines.

Through observation, discussion, and guided exploration, learners identified arithmetic sequences in real-life contexts and reflected on how mathematical concepts extend far beyond textbooks. The activity encouraged cross-disciplinary thinking by linking mathematics with science, art, and nature. This activity helped bridge abstract mathematical ideas with real-world applications, fostering deeper understanding and appreciation for the subject.



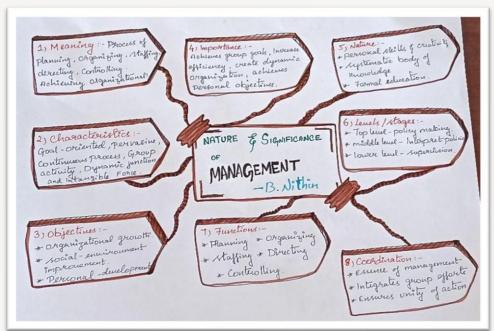




#### **Mind Map**

Learners of Grade 12 - Vikramashila have been actively involved in creating mind maps on the "Nature and Significance of Management" in Business Studies. This interactive activity has enabled them to grasp the importance of management in business, fostering a deeper understanding of its role in achieving organizational objectives.





#### **Economics**

Budget Set Preparation was conducted for the learners of grade 11 during Economics class to help them understand consumer choice under income and price constraints. They were given a fixed income and prices of two commodities. They were asked to calculate and list all possible combinations of the two goods that a consumer could purchase using the entire income.

Students presented their results in the form of a budget set table, clearly showing possible combinations of quantities. The activity helped students grasp key concepts like budget constraints, opportunity cost, and the trade-off between choices. It was an engaging and practical way to reinforce classroom learning through real-life application of economic principles.





#### **Memory in Computers**

Grade 11 learners were engaged in an interactive mind map creation activity on the topic "Types of Memory in Computers". The session began with a brief teacher-led recap of the key memory types — including RAM, ROM, Cache Memory, Virtual Memory, and Secondary Storage Devices. Learners were encouraged to brainstorm, discuss, and design colorful mind maps illustrating the classification, characteristics, and examples of each memory type. They used keywords, diagrams, symbols, and arrows to show relationships between different memory types. This activity helped learners to understand the types of memories in computer.





#### **Gymnosperms**

Grade 11 Biology students participated in a subject-related activity focused on exploring the division Gymnosperms as a part of their study on the Plant Kingdom. The objective was to help learners identify the key characteristics of gymnosperm plants through direct observation. During the activity, students examined plant specimens and identified features such as cone-bearing structures, needle-like leaves, and the absence of flowers. The hands-on approach made the learning experience engaging and enjoyable. Students were excited to connect theoretical concepts with real-life examples and successfully identified the distinct traits of gymnosperms, thereby achieving the intended learning outcome.



#### **Probability in Mathematics**

Grade 12 learners learnt probability in Mathematics class to help students understand conditional probability and Bayes' Theorem to compute probabilities using Bayes' rule and apply it to real-world problems. This activity engaged students in exploring the topic through interactive problems and realdeveloped applications. Students world а deeper understanding of how to update probabilities based on new evidence and apply Bayes' Theorem to solve problems. Students demonstrated a clear understanding of conditional probability and Bayes' Theorem. They successfully applied Bayes' Theorem to solve problems which improves their problem-solving skills.



#### **Sets Using Venn Diagrams**





Grade 11 learners learnt "Sets" in Mathematics class to understand set theory concepts (union, intersection, difference), to apply set operations to solve problems and to visualize set relationships using Venn diagrams. Learners demonstrated a clear understanding of set operations and Venn diagrams, successfully applied set theory to real-world scenarios and showed improved problem-solving skills. Learners reflected that Venn diagrams helped them to visualize the relationships between sets and it made math more interesting.

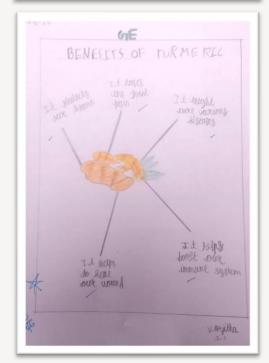
#### **Green Education — Planting Turmeric**

During the green education session, the learners of grade-3 were told to research the health benefits of Turmeric and Chilli from their parents and grandparents. They then made a poster about these benefits, smelled it, felt its texture, and planted it.









#### Green Education — Natural Manure

As part of our green education initiative, students took part in a hands-on session to prepare Fish Amino Acid (FAA), a natural fertilizer used in organic farming. The activity integrated science learning sustainability by introducing students eco-friendly alternatives chemical fertilizers. Through the fermentation of fish waste and jaggery, students explored concepts like decomposition, soil health, and waste-to-resource transformation. Despite initial hesitation, they showed great curiosity and engagement, gaining insight into traditional practices, environmental responsibility, and the real-world impact of sustainable solutions.









#### **Conglom**

#### My Vision My Future

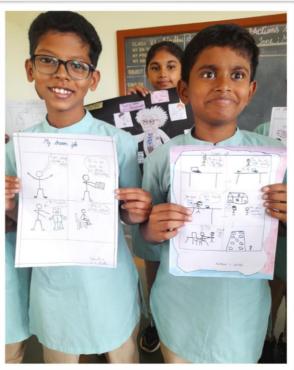
As the academic year kicks off, our learners embark on a journey of self-discovery and goal-setting. They poured their thoughts and dreams into writing their vision for the year, reflecting on their strengths, interests, and challenges. Through engaging activities and collaborative discussions, they set achievable short-term goals that will guide them throughout the year





#### **Individual Vision Board Sketch!**





Our learners created individual Vision Board their Sketch with images, words, or symbols representing their and future goals. dreams Through this conglom activity, learners gained a deeper understanding of themselves and their goals, inspiring them to work towards achieving their dreams!

## A Letter to My Future Self and Reflection!

Our learners wrote letters to their future selves, envisioning their goals and aspirations. This initiative fostered self-reflection, goal-setting, and a growth mindset, inspiring them to believe in their potential. Upon reflection, they shared what surprised them about their letters. Many discovered new insights and recognized changes and new perspectives about themselves.



#### **Closing The Loop**

Learning doesn't end when the lesson is done. As part of our daily routine, our learners engage in a meaningful practice called "Closing the Loop"- a time set aside for quiet reflection. Students take a few moments to think about their day: what they learned, what made them happy, and what they feel proud of. This simple yet powerful habit encourages self-awareness, builds confidence, and helps students recognize their own growth. By reflecting on their experiences, learners develop a deeper understanding of themselves and their journey. It's truly heartening to witness our students becoming more mindful, expressive, and confident with each passing day.







#### **World Blood Donor Day**

Grade 12 Vikramashila learners commemorated World Blood Donor Day with a comprehensive presentation, delving into the intricacies of blood groups, rare blood groups, haemoglobin levels, Pros of blood donation and the components of blood. The class time aimed to promote awareness, education and a culture of voluntary blood donation. Through this initiative, they strived to inspire a new generation of voluntary blood donors. This presentation was the greatest eye opener to all the audience and made everyone to realise about healthy eating and the upkeep of blood levels for a healthy life to make a lasting impact on the lives of others.



#### **Yoga and Music Day**

Chettinad Vidya Mandir celebrated a unique collaborative event - Yoga and Music Day - in the school auditorium, with enthusiastic participation from Grades 4 to 8. The programme beautifully blended the disciplines of yoga and music, creating a serene and inspiring atmosphere. All learners actively participated and performed Surya Namaskar and various Yogasanas with dedication, following the instructions of the Physical Education Acharya and the Music Acharya. The synergy between the calming musical background and the rhythmic yoga postures highlighted the importance of harmony between the body and mind. This collaborative effort not only promoted physical well-being but also nurtured inner peace and mindfulness among the students





## **Passion Club Activity - Art & Colouring**

The Passion Club conducted a vibrant Art & Colouring Activity for learners from KG to Grade 11 on multiple creative themes: Unity in Diversity - India, My Rainy Day Fun, A Trip to Outer Space, The World of Underwater Creatures and Save Nature, Save Life. Learners enthusiastically expressed their creativity from colourful depictions of Indian culture, joyful rainy day scenes and imaginative space explorations, to vibrant underwater worlds and inspiring messages on nature conservation.

The activity provided a joyful platform for selfexpression and creative learning spreading awareness on important values like unity, environmental care and imagination.



















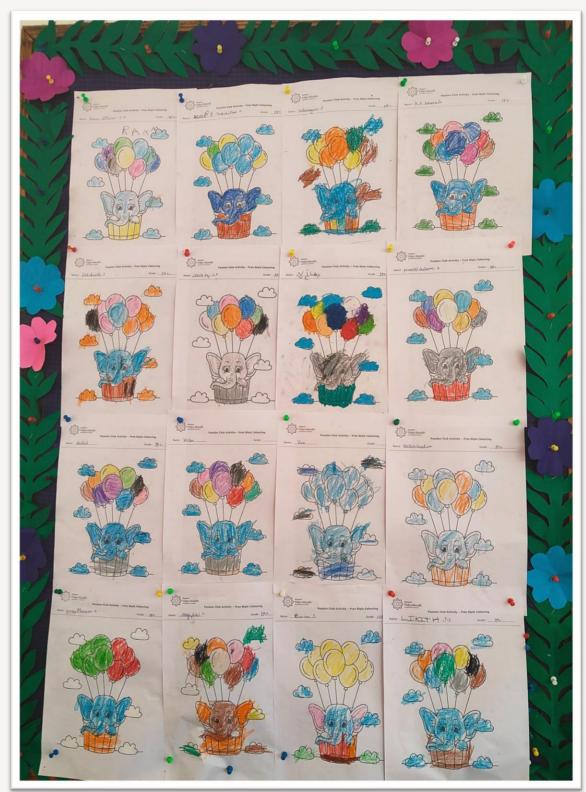
## **Splash Into Creativity With Passion!**











#### Alumni Meet - A Walk Down Memory Lane at CVM

Chettinad Vidya Mandir hosted a heartwarming Alumni Meet, welcoming former students back to their cherished campus. The day featured interactive sessions with the core team and Student Council, offering a space to share experiences and reconnect with the school's vision.

Alumni were successfully onboarded onto the Univariety platform, strengthening ties with their alma mater. A nostalgic campus tour brought back fond memories, followed by a joyful lunch where old stories and familiar flavours rekindled schoolday sentiments. The event beautifully celebrated lasting connections and the timeless spirit of CVM



#### **Career Guidance Workshop - Univariety**

The career guidance workshop for Grades 8 and 9 emphasized the importance of choosing subjects that align with learners' interests and career aspirations. Ms. Asmitha Verma, the host, highlighted that enjoying a subject is more important than just liking it. She explored various subjects like Math, Physics, Chemistry, Biology, English, Economics, and Commerce, along with their corresponding career paths and discussed specific careers, such as the NDA, pilot and navigation, PR and media. Additionally, Ms. Asmitha touched on artintegrated subjects and elective subjects like Art, Physical Education, and Environmental Science and Management, highlighting their potential career paths. The workshop concluded with an understanding of the importance of choosing subjects that align with career aspirations, encouraging learners to explore their interests and make informed decisions about their subject choices.



#### **Dining**

Mealtimes at CVM are more than just about eating - they are moments of learning and bonding. Students dine together in a clean, well-organized dining hall, promoting good table manners, a sense of responsibility and respect for food. Students are served balanced, wholesome meals prepared in a hygienic kitchen using fresh and quality ingredients. The menu is carefully curated to cater to the nutritional needs of growing children while also introducing them to a variety of regional and seasonal dishes. Our thoughtfully planned dining experience reflects our commitment to health, hygiene, and community living. We aim to foster healthy eating habits, encourage gratitude, and build a strong sense of community - nourishing both body and mind.



#### **Swimming Class**

At CVM, swimming is more than a sport - it's a life skill that empowers our students with confidence, resilience, and a healthy lifestyle. Our swimming classes are designed not only to promote physical health but also to instill confidence, discipline, and water safety awareness in students.

Guided by trained instructors and conducted in a safe, well-maintained pool environment, students learn the fundamentals of swimming - from basic techniques to advanced strokes - at a pace that suits their individual skill levels. It also teaches students valuable lessons in perseverance and goal-setting.







#### **Hostel Facility**

The hostel at Chettinad Vidya Mandir provides a safe, comfortable, and caring environment that supports students' holistic development. With a structured daily routine, nutritious meals, and round-the-clock care, students enjoy a balanced lifestyle of academics, activities, and rest.

Trained wardens and mentors offer personal and academic guidance, helping students grow in independence and confidence. More than just accommodation, the hostel fosters friendships, life skills, and a strong sense of community - making it an integral part of the CVM learning experience.

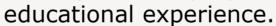




#### **Hostel - Prep Time**

Hostel prep time is a structured and supportive part of the residential routine, dedicated to focused academic study and reinforcement of learning. Held every evening under the quidance of experienced teachers and mentors, this quiet period allows students to revise the day's lessons, complete assignments, and clarify doubts in a calm and encouraging environment. This time helps students develop effective study habits, time management skills, and academic discipline. With access to guidance and personal attention, learners gain the confidence to take ownership of their learning.

This daily academic support ensures continuity in their studies while promoting independence and self-directed learning making hostel prep time a vital component of the holistic





#### **Hostel Life @ CVM**

## Study Time



## Play Time





## **Dining**





#### **Hostel Activities - Leaf Art**

Creativity continues beyond the classroom through engaging and relaxing activities in the hostel. One such delightful experience was the Leaf Art Activity, where students explored nature and their imagination through art.

Using leaves of various shapes, sizes, and textures, hostel students created beautiful and unique artworks. This activity not only sparked creativity but also encouraged observation, patience, and appreciation for the natural world. It was a perfect blend of fun and learning, allowing students to themselves artistically while express enjoying a calm and mindful evening.

Such activities play a vital role in enhancing emotional well-being, building community, and nurturing the artistic side of our learners in the warm and supportive environment of our hostel.













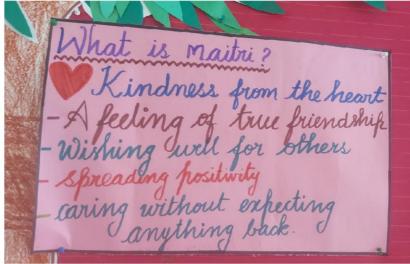






# Maitri Session - Seeds of Kindness

On 22<sup>nd</sup> June, Chettinad Vidya Mandir hosted a heartfelt Maitri session led by Ms. S. Thilagavathy and Ms. Divya T. Centered on the theme "Seeds of Kindness," the session began with a peaceful nature walk where teachers collected seeds as symbols of kindness. They then wrote anonymous letters of appreciation to colleagues, which were shared through the Maitri Mailbox. The simple act of expressing gratitude sparked joy, connection, and a renewed sense of unity among the staff, reminding everyone that small acts of kindness leave a lasting impact.













#### **Wellness Activity**

Chettinad Vidya Mandir has embraced the practice of morning breathing exercises to the acharyas, as a part of our ongoing wellness initiatives. This simple yet powerful routine is designed to promote relaxation, enhance focus and support overall well-being. Our acharyas experience reduced stress levels, improved concentration and a sense of calmness in their daily activities with mindful breathing. This practice not only nurtures their mental and physical health but also creates a positive and focused learning environment for our students.

We believe that when educators are well centered, they can guide learners more effectively. This wellness practice is a step towards building a healthier and more mindful school community.







#### **Inter-House Matches**

The Inter-House Badminton Tournament began with great enthusiasm at Chettinad Vidya Mandir, inaugurated by Vice Principal Ms. R. Padmapriya. In the boys' finals, The Super Kings emerged champions in both singles and doubles, defeating The Warriors and The Royal Challengers. In the girls' matches, CVM Super Kings and Royal Challengers won their singles and doubles matches to reach the finals. The event showcased great sportsmanship and energy, with strong support from the student council and PE Department.

















"The world of reality has its limits; the world of imagination is boundless." — Jean-Jacques Rousseau















## Acharyas' Corner

Learning is a lifelong journey - not just for students but for teachers as well. The Teacher's Corner is a unique platform that celebrates the diverse talents, passions, and creativity of our educators beyond the classroom.

Whether it's music, dance, art, writing, public speaking, or any other hidden skill, teachers are encouraged to showcase their talents and inspire the school community. This initiative fosters a culture of joy, self-expression, and mutual respect, where students see their mentors as role models who continue to grow and explore new interests. The Teacher's Corner not only builds a vibrant and connected school environment but also reinforces the idea that teaching is as much about inspiring by example as it is about imparting knowledge.

#### Done By:

Ms. Gandhimathi – PGT, Dept of Math



## My Little Garden When I go out to breathe the air, And feel the breeze that's blowing there, The trees all whisper soft and low, And flowers in the meadow grow. The sky is blue, the sun shines bright, The birds are singing with delight. The river hums its gentle tune— A lullaby of afternoon. In nature's arms I find my rest, Her simple ways, her quiet best. No need for words, no need for strife, She gives me back the joy of life. **D.Lavanya** SL, Dept of English

#### \* Valuing What Truly Matters \*

By [K.Sujatha]

In a world where new gadgets, trendy clothes, and the latest social media posts catch our attention, it's easy to forget what truly holds value in our lives. But what does it really mean to "value" something?

Valuing something isn't just about how much it costs or how new it is. It's about recognizing its importance, showing appreciation, and taking care of it — whether it's a person, a relationship, a gift, or even time

The most valuable things in life aren't things — they are people. Our parents, teachers, and friends support and guide us every day. A kind word, a helping hand, or even just listening when someone speaks is a way to show them we value them. Respecting others, saying "thank you," and spending quality time together matter more than any expensive gift.

Education is one of the most powerful tools we have. Coming to school, participating in class, asking questions, and doing our best are all ways we show that we value the opportunity to learn. Not every child in the world gets this chance — so let's make the most of it.

From the water we drink to the trees that give us shade, nature is a gift we must cherish. By saving water, reducing waste, and keeping our surroundings clean, we show that we care about the planet and the future generations.

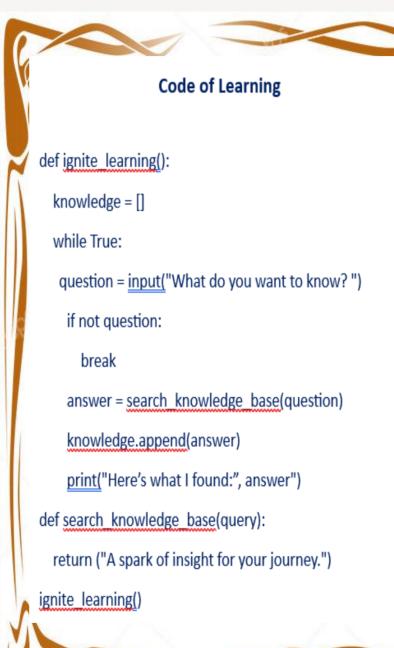
Time, once lost, can never be regained. Being punctual, managing our time wisely, and avoiding distractions help us make the most of our days. Each moment is a chance to learn, grow, and make a difference.

When we value something:

- · We take care of our belongings.
- · We show gratitude to the people who help us.
- · We protect our environment.
- · We make the most of our time.

School is not just a place to learn subjects—it's where we learn values. Let's not waste our opportunities. Let's take pride in our notebooks, be respectful in our relationships, keep our classrooms clean, and be kind to others.

Remember: The more we value what we have, the more we grow as responsible and happy individuals. So today, let's start a small change. Let's notice. Let's appreciate. Let's value.



Like coding, education is a journey,
an endless loop of curiosity,
input, and discovery.

We write the functions that fuel growth,
debug the errors that stand in our way,
and build tools to help every learner run their own
programs.

In this digital age,
learning becomes the ultimate algorithm.
a process we all craft together,
one line of code at a time

Indhumathi E

SL, Dept of ICT



Alone we can do so little, together we can do so much - Helen Keller





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